

Lifeblood Teams Member Guide

Website self-serve

WHAT CAN I DO ONLINE?

Book and manage

Make, change or cancel blood donation appointments.

Check

Discover if you could be able to donate.

Update

Change your details.

See

View your donation history and personal health statistics.

Track

See your team's tally, compare tallies and find information about blood challenges.

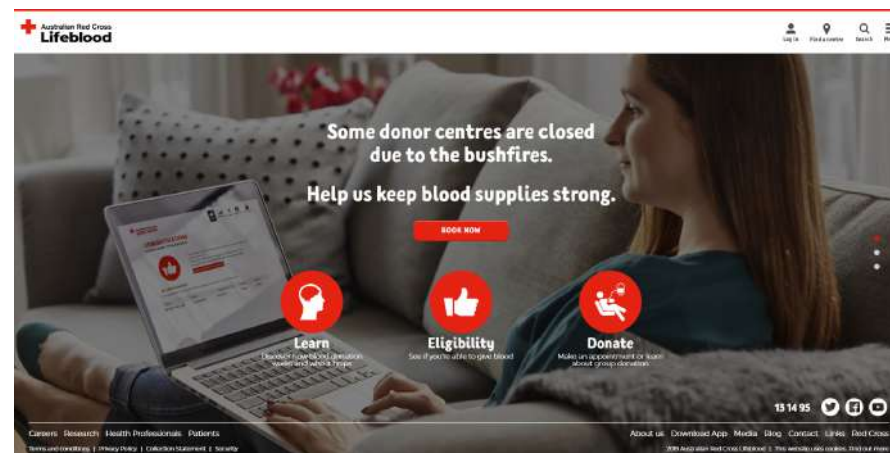
How to join a Lifeblood Team

To ensure your blood donations count towards a team's tally, you need to create an online donor account and join the team.

STEP 1

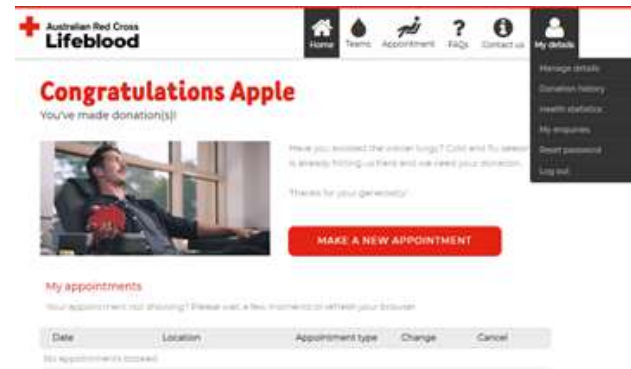
If you don't already have one, register an individual account or log in at donateblood.com.au Simply click the person icon on the top right of the homepage.

You don't need to have donated yet to do this.



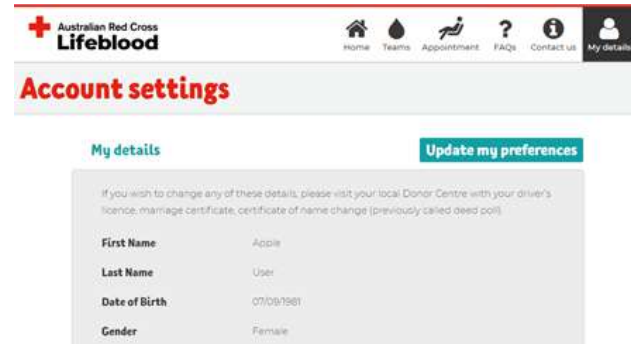
STEP 2

Once you're logged in, go to the [My details](#) menu at the top and click on [Manage details](#).



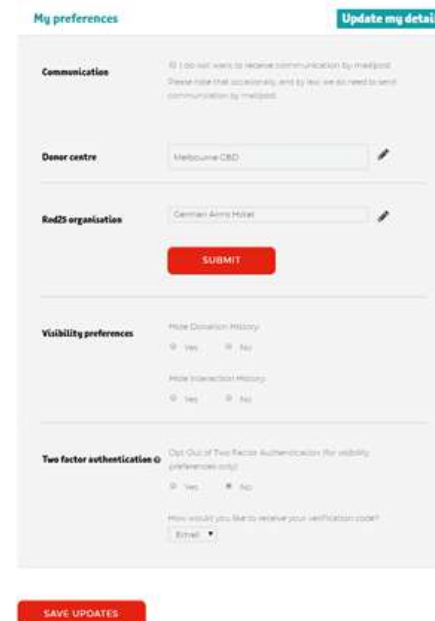
STEP 3

Once you're logged in, go to the [My details](#) menu at the top and click on [Manage details](#).



STEP 4

At the top right of this page, click on [Update my preferences](#). Next to the 'Lifeblood Team' heading, start typing your team's name into the box. When your team appears in the supplied options, click on it and press [Submit](#).



STEP 5

At the bottom of the page, click [Save updates](#).

How to reserve a team booking appointment

To do this, you need the email sent to you by your Lifeblood Champion for that specific team booking. If you don't have the email, ask your Champion to send it to you.

STEP 1

Click on the [Book your donation here](#) link in the email from your team Champion and log in or create a new account.

STEP 2

Choose your preferred appointment time from those available.

STEP 3

Read the options and tick any that apply to you. If none do, tick [None of the above apply to me](#). Click [Continue](#).

The screenshot shows the Australian Red Cross Lifeblood website interface for booking a team appointment. The header includes the logo and navigation links: Home, Teams, Appointment, Resources, Contact us, and My team. Below the header are three numbered steps: 1. Reserve appointment, 2. Check eligibility, and 3. Confirm appointment. The current step is 'Reserve appointment', which is highlighted with a red circle and a red bar at the bottom. The form displays the following information:

- Organisation: German Allied Hotel
- Booking Date: Saturday 16 November 2019
- Location: Melbourne CBD

Below this is a table for selecting an appointment time and type:

Time	Appointment Type	
11:00 AM	Plasma	Select

Below the table, the selected appointment details are shown in a grey box:

- Donation Type: Plasma
- Donation Centre: Melbourne CBD
- Donation Date & Time: 11:00 AM, Saturday 16 November 2019

Below this is a section for eligibility questions, starting with 'Please select at least one option:'. The questions are:

- Have you been **unwell** in any way lately?
- Did you **live in or visit the United Kingdom** for a total of 6 months or more between 1960 and 1997?
- Do you **weigh** less than 50kg?
- Do you have a serious **heart condition**, or have you ever had a heart attack or stroke?
- In the last 12 months, have you engaged in **at-risk sexual behaviour**?
- Have you had **an operation or surgical procedure** in the last 6 months, or are you planning on any in the 3 months after your donation?
- Are you **pregnant**, or have you been pregnant in the last 9 months?
- Are you taking **antibiotics**?
- Have you (or will you have) any **dental work** in the week before your donation?
- Have you had a **tattoo** in the 4 months before your donation?
- Have you had a **piercing** in the 4 months before your donation?
- Have you been **outside of Australia** in the 4 months before your donation?
- None of the above apply to me

At the bottom of the form are two buttons: 'RESET' and 'CONTINUE'.

STEP 4

Tick the box to confirm if it's OK for your Champion to see your name against that time. Review the appointment details and click **Confirm**.

STEP 5

You view your appointment details online or add it to your preferred calendar. You can also share it to Facebook and encourage others to donate too.

The screenshot shows a mobile app interface for confirming a plasma donation appointment. At the top, there are three numbered steps: 1. Reserve appointment, 2. Check eligibility, and 3. Confirm appointment. The current screen is titled "Ready to confirm this appointment?". It displays the date "November 16 Saturday 11:00 AM AEDT" and the location "Plasma Melbourne CBD, L1 1367 Collins St, MELBOURNE VIC 3000". Below this, there is a checkbox with the text "Confirm that you give consent for your group coordinator to see your name against this group appointment?". At the bottom, there are two buttons: "BACK" and "CONFIRM".

Appointment booked

Thank you! Your appointment is confirmed

ON 16/11/2019 11:00 AM @ Melbourne CBD

GO TO APPOINTMENTS SHARE TO FACEBOOK ADD TO CALENDAR



Thanks for giving life

When she was just two years old, Sienna had open heart surgery. Blood donations saved her life. A hole in her heart meant Sienna needed open heart surgery (and plenty of blood transfusions) when she was just two years old. Now she gets to play and run around with all the other kids